

Express Your Heart

“Take A Knee”P2

God wants to circumcise our hearts. But in order for that to happen we must recognize Christ as Lord of our lives, bow down before him, and become humble. In this part we will cover two more essential character qualities to help us navigate the often muddy waters of what being a real man means in our society today.

1. LEND A HAND: SERVE

Matt. 20:25 What must someone do if they want to be great? _____

What did the Son of Man (Jesus) *not* come to do? _____

What does 1 John 2:6 say we must do if we claim to live in Jesus? _____

Getting Started

- A. Start without an invitation
- B. Start small
- C. Start anticipating the reward

Maturity—What is it we ultimately want in life? Men generally want to be great and do great things. The way you achieve importance is to serve others. When you serve, you take a step to get out of the trap that our culture teaches men and you grow more like Christ while God operates on your heart. Identify what you want from life and commit to serving others with a specific action.

2. EXPRESS YOUR HEART: COMPASSION

In Matthew 9:36–38, what did Jesus have when he saw the crowds? _____

How did Jesus respond to the man with leprosy, described in Mark 1:40–41? _____

What does 2 Corinthians 3:18 say happens to believers when the Spirit of the Lord comes upon them?

Discipleship—Compassion takes courage; it’s not for wimps. It means taking the small steps that are within reach and allowing God to operate on our hearts to make us more like his Son, Jesus. Who needs your compassion?