

“So then, if we have food and clothes, that should be enough for us.” 1 Timothy 6:8 (TEV)

“Come and see what God has done. See what amazing things he has done for people.” Psalm 66:5 (ICB)

One last thought: Making changes toward a simplified life isn't simple. Pulling yourself free from the seduction of busyness is no easy task. God wants space in your life so he can use you for greatness. You can't find simplicity or space on your own power...or you would have already. Making difficult choices combined with God's power is the **only** way for you to ruthlessly eliminate busyness.

“I'm declaring war on busyness and deciding today to pursue a more simplified life. I need God's power to help me and the Christian community to support me as I seek changes. I commit to taking the necessary steps and persevering in the battle.”

Signature _____

Date _____



RECOGNIZE WHEN ENOUGH IS ENOUGH Escaping the Speed Trap Part 3

Jeff Wall

“Although He died on the cross in weakness, He now lives by the mighty power of God. We, too, are weak, but we live in Him and have God's power—the power we use in dealing with you.”
2 Cor. 13:4 (NLT)

Taking action on busyness...

Just say “No”

“Go on to the festival. My time hasn't yet come, and I am not going.” John 7:8 (CEV)



Stop the stories

Turn it off

“Then the Lord said to Elijah, ‘Go. Stand in front of me on the mountain. I will pass by you.’ Then a very strong wind blew. It caused the mountains to break apart...But the Lord was not in the wind. After the wind, there was an earthquake. But the Lord was not in the earthquake. After the earthquake, there was a fire. But the Lord was not in the fire. After the fire, there was a quiet, gentle voice.” 1 Kings 19:11-12 (ICB)

Leave some room

“... A wise person does the right thing at the right time.” Ecclesiastes 8:5 (NCV)

Clean it out

Recognize when enough is enough

“First, help me never to tell a lie. Second, give me neither poverty nor riches! Give me just enough to satisfy my needs.” Proverbs 30:8 (NLT)